

Client Name and Date of Birth _____

Screening Tools

Despite the high prevalence of mental health and substance use problems, too many Americans go without treatment — in part because their disorders go undiagnosed. A screening is a first step to getting a complete assessment at a primary care and other healthcare setting.

Please initial the screenings that interest you:

____ Depression

<https://www.ismanet.org/doctoryourspirit/pdfs/Beck-Depression-Inventory-BDI.pdf>

____ Alcohol Use

<https://www.hiv.uw.edu/page/substance-use/audit-c>

____ Drug & Alcohol Use

<https://www.hiv.uw.edu/page/substance-use/tics>

____ Bipolar Disorder

<https://www.oregon.gov/oha/HPA/DSI-Pharmacy/SiteAssets/Lists/MHCAGRecs/EditForm/OHA-3670B-MHCAG-Final.pdf>

____ Suicide Risk

<https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials>

____ Anxiety

<https://www.hiv.uw.edu/page/mental-health-screening/gad-2>

____ Trauma

<https://www.hiv.uw.edu/page/mental-health-screening/pc-ptsd>

Client Signature and Date:

Victor Bloomberg, EdD, LCSW Signature and Date: